

**“Walking with Youth: Trauma Informed, Culturally Based Justice and Healing”**

**Office of Juvenile Justice and Delinquency Prevention  
Tribal Youth Training and Technical Assistance Center**

**Principles:** *This conference has been developed through a cultural lens with an eye on trauma informed care. Therefore, we are weaving these principles throughout the sessions and tracks.*

-  - Indicates a session with subject matter that relates to Healing to Wellness or Justice Principles.
-  - Indicates a session with subject matter that relates to Tribal Youth Programming

This conference sponsors 4 Tracks.

**Track 1: Supporting our Youth: Trauma Informed Approaches** – *Workshops in this track explore the impact of trauma, including historical and intergenerational trauma, trauma informed care and the interrelationship of Indigenous knowledge and inherent Trauma Informed Concepts (Being a Good Relative), and the application of trauma informed care in the juvenile justice system and youth programs.*

**Track 2: Promising Practices for Engaging Youth** – *Workshops in this track present promising practices of engaging youth through the intersection of indigenous knowledge, youth leadership efforts and innovative programs and practices that address the needs of youth.*

**Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care** - *Workshops in this track involve discussions and promising practices that help transform Juvenile Justice in Indian Country into a trauma informed, healing and life affirming system of care. These transformations recognize and strive to strengthen the multiple systems (System of Care) that touch the lives of American Indian and Alaska Native children, youth and families.*

**Track 4: Cultivating Community Support** – *Workshops in this track showcase promising practices that demonstrate how building partnerships between different types of resources and community strengths benefit Native communities as they serve and support their Native youth.*





# EVENING KICKOFF EVENT

**Monday December 5, 2016**

**3:00 pm – 7:00 pm**

**Registration – Hilton Main Lobby**

## KICKOFF EVENT

**6:30 pm – 8:30 pm**

**ROOM – Horizon Ballroom**

*“This session will engage all participants through a traditional welcome, youth led activities and cultural sharing experiences.”* 

You are invited to join staff from the Office of Juvenile Justice and Delinquency Prevention and the OJJDP Tribal Youth Training and Technical Assistance Center in an fun, evening kick-off event. Tribal Grantees will receive a warm welcome from the Agua Caliente Band of Cahuilla Indian members, followed by cultural sharing engagement activities and networking opportunities.

Emcee - Chance Rush (Hidatsa) & Geri Wisner  
 UNITY- Lynnann Yazzie, Wendy Weston, Leslie Locklear & Leticia Gonzalez

**6:30 pm**

**Welcome & Introductions – Opening in a Good Way**

**6:45 pm**

**Cultural Welcome and Opening**

**7:00 pm**

**Circle Exercise and Cultural Sharing**

**8:20 pm**

**Cultural Closing and Overview of Conference**



# PLENARY SESSION

## Tribal Youth Conference Opening Plenary

TUESDAY, DECEMBER 6

7:00 am

REGISTRATION – Hilton Main Lobby

# PLENARY SESSION

8:30 am – 8:50 am

Opening/Cultural Blessing

ROOM – Plaza Ballroom

8:50 am – 9:00 am

Welcome from the Office of Juvenile Justice and Delinquency Prevention James Antal- Associate Administrator, Youth Development, Prevention and Safety Division

9:00 am – 9:25 am

Keynote from Dr. Dolores Subia Bigfoot “Being a Good Relative”



Being a Good Relative is a concept as old as making relatives. Being a Good Relative is self-explanatory in that one is willing and expected to care for any one in need to decrease their discomfort and/or hurtful conditions causing their discomfort. Trauma Informed Care is a recent concept for establishing principles of emotional and physical support and safety; that is, to recognize trauma exposure and impact. This contrasts greatly with the actual experiences of tribal youth involved in the juvenile justice system. This plenary will present current discussions about trauma informed care implementation in Tribal Youth Programs and Healing to Wellness court programs as it relates to the cultural concept of Being a Good Relative.

9:30 am – 9:50 am

Keynote from Helen Gregorio (Togiak) Alaska Grantee

This plenary will cover the Tribal Youth Program in Togiak, AK a predominantly Yuiptaq community of 800+ year round resident tribal members. Most families are subsistence hunters, gatherers and commercial fish during the summer months. With a lot of modern changes, especially of technology, the community is experiencing a loss of language and culture ways. TYP is providing cultural activities in a structured context in partnership with the school, often times the center of community gatherings and activities. Under the TYP, Nasaurliq Neqllivik Camp was started where youth and young adults are taught about subsistence fish processing, bird and seal hunting and processing, additionally information is included about ancestral gathering places and their history, all the while integrating elders' knowledge. TYP partnership with the school encourages attendance and the importance of education within the cultural context.

9:50 am – 10:00 am

Housekeeping Items



**BREAK**

**10:00 pm – 10:30 pm**

**BREAKOUT SESSIONS A**

**10:30 am – 12:00 pm**

**Track 1: Supporting our Youth: Trauma Informed Approaches**

**Overcoming the Impacts: Learning about Opportunities to Support Coordinated Community Responses to the Impact of Trauma in Tribal Communities**  

**Room: Plaza Ballroom**

**Speakers:**

Anna Clough, JD, Natalie Stites, JD, Wendy Weston UNITY, Lynnann Yazzie UNITY, Leslie Locklear UNITY & Leticia Gonzalez UNITY

**Session Description:**

Communities have many opportunities to respond to the impact of trauma within the greater system. Youth leadership initiatives and other organizationally developed systems such as the Healing to Wellness Courts are methods that are making a resounding impact on the tribal youth within their communities. This session will provide guidance related to several opportunities for tribal communities to develop expanded responses to some of the existing impacts of trauma. UNITY will share with participants an overview of the development of youth leadership councils, and engagement of youth leadership initiatives such as Today’s Native Leaders. Participants will also have the opportunity to learn more about juvenile tribal wellness court systems, the foundational components thereof, and the processes by which tribal youth can seek wellness through system intervention, processes, and support.

**Track 2: Promising Practices for Engaging Youth**

**Alaska/RuralCap Positive Youth Development – Strength Based Strategies**  

**Room: Palm Canyon A**

**Speaker:**

Amy Gorn

**Session Description:**

Positive Youth Development (PYD) is an intentional, strength-based approach for engaging young people

*cont.* while keeping their needs as a focus; providing for cultural connections and traditional values, fostering healthy relationships, developing skills, drawing on youth strengths and supporting new challenges. Three easy-to-learn principles of a PYD-based tribal youth program will be shared, along with examples from an Alaskan grantee’s setting.

**Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care**

**Multi-Disciplinary Approaches in Juvenile Justice** 

**Room: Palm Canyon B**

**Speakers:**

Geri Wisner, JD & Barbara Pevny, MA, LPC

**Session Description:**

Multidisciplinary Teams, Child Protection Teams, Sexual Assault Response Teams all represent the various disciplines necessary to address child maltreatment disclosures and outcries. In Indian Country, these situations are highlighted by the background of intergenerational trauma that impacts all aspects of victimization and often complicates the appropriate handling of victims and their cases. This presentation will examine the team approach to child maltreatment coupled with the System of Care approach which utilizes traditional healing and tribal resources often overlooked or unavailable with cases outside of Indian Country.

**Track 4: Cultivating Community Support**

**Virtual Trainings for Communities: Virtual Simulation Project, Suicide Prevention**  

**Room: Tapestry**

**Speakers:**

Jami Bartgis, PhD, Mark Powers Lower Brule Sioux Tribe & Jessica Shaffer Lower Brule Sioux Tribe

**Session Description:**

OJJDP has supported access to all federally recognized tribes in the US to the Kognito gatekeeper virtual human training simulations to build skills of tribal youth and their high school educators in suicide prevention. Simulations build motivational interviewing skills to identify and refer at-risk youth to services. A tribal implementation pilot study from the Lower Brule Sioux tribal school in South Dakota will be presented.

## LUNCH [ON YOUR OWN]

12:00 pm to 1:30 pm

## BREAKOUT SESSIONS B

1:30 pm – 3:00 pm

### Track 1: Supporting our Youth: Trauma Informed Approaches

#### Trauma Focused Cognitive Behavioral Therapy and Project Making Medicine

Room: Palm Canyon B

**Speakers:**

Susan Schmidt, PhD & Dolores Subia BigFoot, PhD

**Session Description:**

Exposure to trauma can produce a wide array of responses. This presentation will provide an overview of the state of the art clinical treatment of childhood exposure to trauma. Attendees will receive information about the cultural adaptation of Trauma Focused Cognitive Behavioral Therapy and other clinical training opportunities to implement effective trauma treatment.

### Track 2: Promising Practices for Engaging Youth

#### An Indigenous Youth-Developed Holistic Self-Assessment

Room: Tapestry

**Speakers:**

Jami Bartgis, PhD & Rachelle Areyan

**Session Description:**

The Fresno Native Youth Council established a Personal Balance tool as a strength-based youth friendly self-assessment for holistic goal setting (mental, emotional, physical, and spiritual health). This tool underwent multiple revisions based on youth driven pilot studies that occurred over 2 years at Annual Gathering of Native American (GONA) events. The tool is being offered as a gift to other indigenous communities to support youth-driven care planning and goal setting.

### Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care

#### Panel Discussion - Screening, Brief Intervention, and Referral Treatment and Tribal Communities: Screening Tools and Resource Development for Tribal Communities

Room: Plaza Ballroom

**Speakers:**

Paulette RunningWolf, PhD, Evan Elkin, Aaron Arnold & Anthony Trombetti

**Session Description:**

This session will have two parts with Part 1 providing an overview of the importance of using Trauma Informed Screening tools, how adolescent substance abuse issues are related to trauma and some guidance on selecting appropriate screening tools. Part 2 will focus on the culturally specific adaptation of the SBIRT screening tool for the Yurok community. An open discussion on these two presentations will complete the session.

**Part 1 (1:30 – 2:00 pm):**

**Overview of Trauma Informed Screening,** Paulette Runningwolf, PhD, OJJDP TTAC

**Part 2 (2:00 – 2:45 pm):**

**SBIRT Adaptation,** Evan Elkin, Reclaiming Futures, Aaron Arnold, Center for Court Innovation & Anthony Trombetti, Yurok Tribe

**Part 3 (2:45 – 3:00 pm):**

**Open Discussion**

### Track 4: Cultivating Community Support

#### It Takes a Community: How to Engage and Train Tribal Communities, Schools and Prevention Programs

Room: Palm Canyon A

**Speakers:** Ethleen Iron-Cloud Two-Dogs, MS & Anne Niblett, Confederated Tribe of Coos, Lower Umpqua and Siuslaw Indians

**Session Description:**

This session will focus on sharing best and promising practices in community engagement and highlighting experiences of grantees relative to engaging Tribal communities, schools, programs and other stakeholders in training toward prevention and community wellness.

## BREAK

3:00 pm – 3:30 pm



## BREAKOUT SESSIONS C

3:30 pm – 5:00 pm

**Track 1: Supporting our Youth: Trauma Informed Approaches****Trauma Informed Juvenile Justice: Working Together to Implement Trauma Informed Tribal Justice Systems.****Room: Palm Canyon A****Speakers:**

Anna Clough, JD, Cortney Yarholar, MSW, Natalie Stites, JD & Dolores Subia BigFoot, PhD

**Session Description:**

Youth in the justice system are noted to have experienced higher rates of trauma and the need for behavioral health care than non-justice involved youth. As a community, it is our duty to serve all youth and create systems change that will support their needs. In this session, a panel discussion on improving the justice system for Tribal Youth will engage participants in the implementation of Trauma Informed Tribal Justice Systems. Presenters will offer a practical approach for justice professionals to improve their local systems through the integration of Trauma Informed Care principles and approaches.

**Track 2: Promising Practices for Engaging Youth****Differential Treatment of Mental Health and Substance Abuse in Tribal Service Delivery – The Journey to Healing****Room: Plaza Ballroom****Speaker:**

Art Martinez, PhD

**Session Description:**

This session will guide considerations of trauma informed approaches to client engagement with particular attention to prevention and treatment engagement with adolescents and adult family members with Co-Occurring Disorders (CODs). Specifically, intergenerational trauma, substance use and behavioral disorders will be examined in a culturally engaged systems approach to treatment and prevention. Trauma informed approaches to community prevention,

*cont.* responses, and diversion to care will be discussed to elicit considerations of cultural strength based services development. A discussion of tribal resources providers such as the Capacity Building Center for Tribes and the Indian Country Child Trauma Center (ICCTC) will be discussed as resources to development.

**Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care****Panel Discussion - Juvenile Justice Reform through the System of Care Framework: Tribal Experiences****Room: Palm Canyon B****Speakers:**

Jami Bartgis, PhD, William Carrillo Tule River Tribe, Officer Kenneth Clifford Tule River Tribe & Raquel Chee, Navajo Nation

**Session Description:**

This panel session will provide an overview of the System of Care Framework and discuss how tribes have used this framework to build bridges between justice, mental health and other tribal serving systems to support coordinated and trauma informed services to youth and families. Panel presenters will discuss a wide range of initiatives including joint trainings, Tribal Action Planning, among other important accomplishments for creating integrated reform models.

**Track 4: Cultivating Community Support****Engaging Voices of Youth – Participatory Visual Methods for American Indian Communities and Mental Health Conversations****Room: Tapestry****Speaker:**

Allyson Kelly, DrPH

**Session Description:**

Engaging youth and community in conversations about trauma often requires alternative data collection strategies. This session will provide an overview of visual methods and present a case study of how visual methods were used in one American Indian community to promote dialogue about substance use and trauma. Participants will learn how to use visual methods in their communities to support strategic planning efforts.



## WEDNESDAY, DECEMBER 7

### BREAKOUT SESSIONS A

8:30 am – 10:00 am

#### Track 1: Supporting our Youth: Trauma Informed Approaches

**Intergenerational Trauma: Addressing Community Needs**  

**Room: Palm Canyon A**

**Speakers:**

Dolores Subia BigFoot, PhD & Ethleen Iron Cloud Two Dogs

**Session Description:**

As more understanding evolves about the impact of trauma effects over generations of families, communities are asking what can be done. This presentation will offer opportunities to learn about various tribal community efforts to address intergenerational trauma. The major focus will be on what traditional activities and practices can be explored that hold cultural meaning about healing and resiliency. Attendees will be encouraged to consider what their local communities can do. For example, the simple act of offering water to each other has healing properties.

#### Track 2: Promising Practices for Engaging Youth

**Addressing the Needs of Tribal Youth: Teen Dating Violence**  

**Room: Horizon Ballroom II**


**Speaker:**

Dawn Stover (Native Alliance Against Violence)

**Session Description:**

One in three adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a dating partner, a figure that far exceeds rates of other types of youth violence. One in 10 high school students has been purposefully hit, slapped or physically hurt by a boyfriend or girlfriend. These rates are even higher for Native American youth with more than 40% of Native children experiencing two or more acts of violence by the age of 18. This workshop will: (1) provide recommendations on how to effectively dialog with youth about dating violence and healthy relationships; (2) provide sample conversation starters and exercises to engage youth; and (3) provide a list of resources for national organizations that can provide materials, curriculum and support with your youth outreach.

#### Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care

**Peer Led Approaches for Systemically Supported Services to Tribal Youth in the Healing to Wellness Court** 

**Room: Palm Canyon B**

**Speakers:**

Aaron Arnold (Center for Court Innovation), Dave McArthur (White Earth Nation), Kelly Phillips (White Earth Nation), Anna Clough (TTAC)

**Session Description:**

Tribal communities are creating safe and healing places for youth who suffer from the harms and outcomes of illegal substance use. In this session participants will be provided with an overview of the core components of the Tribal Juvenile Healing to Wellness Court. Participants will have the opportunity to gain wisdom through an overview of the processes and applications that are utilized within the White Earth Nation Tribal Juvenile Healing to Wellness Court. Having operated for almost a decade, the White Earth Nation's Juvenile Tribal Healing to Wellness Court provides comprehensive wellness services for Tribal Youth. Additionally, the Court has a strong cooperative relationship with local non-tribal partner agencies and systematically engages cultural and traditional healing practices. From these examples, participants will gain valuable wisdom that can be used within their own communities to serve tribal youth.

#### Track 4: Programmatic Sustainability and Managing your Grant Award Effectively

**Program Evaluation 101**  

**Room: Tapestry**

**Speaker:**

Jami Bartgis, PhD & Paulette Running Wolf, PhD

**Description:**

This is a beginner level session to support increased knowledge and skill in developing and implementing evaluation activities. While there are many different types of evaluations, this session will focus on the basics of evaluating programs and services. Participants will learn about the role of program evaluation in tracking performance indicators, quality improvement and sustainability. Participants will also learn how to develop a basic evaluation plan using SMART goals and outcomes and the most common methods for program evaluation. This workshop will include interactive skills-building activities to support the development of evaluation logic models and will include resources to support local evaluation efforts.



## BREAK

10:00 am – 10:30 am

## BREAKOUT SESSIONS B

10:30 am – 12:00 pm

**Track 1: Supporting our Youth: Trauma Informed Approaches**

**Techniques for Optimizing Success: Identifying and Working with Youth with Fetal Alcohol Spectrum Disorders (FASD)** 

**Room: Palm Canyon B**

**Speaker:**

Candace Shelton, PhD

**Session Description:**

Fetal Alcohol Spectrum Disorder can occur in any community where women drink during pregnancy. Youth affected by pre-natal exposure to alcohol can have behavior problems and learning disabilities. The effects of this prenatal exposure to alcohol are reflected throughout the person's everyday life. These individuals usually become part of social systems, behavioral health systems and/or justice systems. Some of these individuals seem to have a "revolving door" to the system and continue to need services, labeling them as "non-compliant" and "treatment failures". We often assume that these behaviors are purposeful and respond accordingly. This workshop presents a method for examining causes of behaviors and strategies for improving outcomes with youth who have been pre-natally exposed to alcohol.

**Track 2: Promising Practices for Engaging Youth**

**Youth Guided Care and Vision** 

**Room: Palm Canyon A**

**Speaker:**

Cortney Yarholar, MSW, Vikki Eagle Bear, Rosebud Sioux Tribe & Sydney Michael Horse Looking, Rosebud Sioux Tribe

**Description:**

Services, supports and interventions for youth have typically been developed for youth rather than with youth. Whether it be youth at risk, youth victim services, youth with problematic behaviors,

*cont.* or any services intended to help youth. This session will present best practices of engaging youth through Youth-Guided approaches. Participants will learn how young Native people are empowered, educated and take on decision-making roles in their own lives as well as in policy and procedures governing care for all youth in their community. This includes giving young people a sustainable voice and listening to that voice! We will hear from Youth-Guided initiatives whose youth voice has made substantive change in their communities, and for Native nations as a whole.

**Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care**

**Alaska - Kenaitze Tribe - Ts'ilq'u Circle for High Risk Youth and Tribal Youth Diversion Programs** 

**Room: Horizon Ballroom II**

**Speakers:**

Mike Jackson & Curt Shuey

**Session Description:**

As a grassroots approach that turns to community members, neighbors, friends, family, and the youth themselves to sort things out, make it right and get on a good path, the Circle offers and encourages people to come together and talk about important and difficult subjects in a good way. Two communities in Alaska share their experiences and learning with the traditional Talking Circle as a diversion from the current systems of justice commonly used in places such as schools, state courts and juvenile probation.

**Track 4: Programmatic Sustainability and Grant Challenges**

**Tribal Program Management and Sustainability: Budget Modification, Project Extensions, and Reporting** 

**Room: Tapestry**

**Speakers:**

OJJDP Program Managers

**Session Description:**

Hear from OJJDP Program Managers about the mechanisms for making changes to your grant award. Project extensions and budget modifications require a Grant Adjustment Notice (GAN) in GMS. The GAN requires specific information and formatting in order to be approved. Attend this session to learn more about the process of submitting a GAN. Progress reporting is an important part of keeping your funding agency aware of your accomplishments and challenges, this session will also explore examples of effective and ineffective progress reporting.



## LUNCH [ON YOUR OWN]

12:00 pm – 1:30 pm

### Alaska Grantees Lunch with RuralCap

## BREAKOUT SESSIONS C

1:30 pm – 3:30 pm

### Track 1: Supporting our Youth: Trauma Informed Approaches

**Engaging Schools and Communities to Recognize and Support Youth that have Experienced Trauma: An Evidence Based Program**  

**Room: Horizon Ballroom II**

**Speakers:**

Mac Hall & Paulette RunningWolf, PhD

**Session Description:**

Two American Indian and Alaska Native specific evidence based interventions (Project Venture and American Indian Life Skills) will be examined with an emphasis on culturally tailoring and sustaining these interventions in schools & Tribal communities.

### Track 2: Promising Practices for Engaging Youth

**Native Youth Priorities: Where to Go with What We Know**  

**Room: Palm Canyon A**

**Speakers:**

Amber Richardson, Erik Stegman

**Session Description:**

Using new data from the first-ever Generation Indigenous Native youth survey, the Center for Native American Youth will share insights regarding Native youth's interactions with and perspectives on the justice system. From school climate to border town issues and more, join CNAY to learn what topics Native youth see as priorities, what resources they're seeking to address those issues, and how youth are leading change in their communities. This workshop will be interactive, allowing participants to share best practices and examples of impactful programs that support youth in Indian Country.

### Track 3: Tribal Juvenile Justice – Improving Justice through the System of Care

**A Multi-Agency Integrated Approach to Serving Children and Families in Juvenile Justice** 

**Room: Palm Canyon B**

**Speakers:**

Hannah E. Smith, JD (Eastern Band of Cherokee Indians), Patricia Long, PhD & David F. Hutchinson, M.R.C., L.C.S.W

**Session Description:**

This session will present the history of an integrated service model for system involved families, its implementation, the reform of Tribal processes, and the impact on children in the Juvenile system.

### Track 4: Programmatic Sustainability and Grant Challenges

**Opportunity and Time with OJJDP Training and Technical Assistance Center Staff**  

**Room: Tapestry**

**Speaker:**

Cortney Yarholar, MSW, Ethleen Iron Cloud Two Dogs, MS & Jami Bartgis, PhD

**Description:**

Grant staff often have their hands and calendars full in focusing on day to day program activities and may not have time to consider long term sustainability of their efforts and initiatives. What are some issues, concerns, questions that you have about your program, particularly in the area of sustaining your program? For example, would you like feedback on your strategic plan and/or how you are using community readiness information? Would you like to discuss ways to present your data so that stakeholders are engaged in supporting your continued efforts? If you are interested, join this session where OJJDP Tribal Youth Technical Assistance Center staff will be available to discuss these issues and other questions with you. Bring your strategic plan if you'd like.

## BREAK

3:00 pm – 3:30 pm



## Tribal Youth Conference Closing Plenary

## PLENARY SESSION

3:30 pm – 4:15 pm

**Intro of Kognito – Jami Bartgis, PhD****Communities Working Together in a System of Care:  
Trauma-Informed Policing with Tribal Youth** **ROOM – Horizon Ballroom II**

A System of Care is coordinated network of community based and trauma informed services and supports that provide safety, protection and recovery support for tribal youth and their families. Using a system of care framework, Juvenile Justice, among other service systems, have the opportunity to work together to support safety and recovery in the community. In partnership with Kognito, the OJJDP Tribal Youth TTA Center has provided access to virtual training simulation modules to support early identification and referral for youth at risk through tribal educational systems and is launching a newly developed simulation to support tribal law enforcement personnel toward a similar goal. This Trauma-Informed Policing with Tribal Youth simulation is intended to provide education and skills that will improve outcomes when law enforcement encounter youth exhibiting problematic behaviors and further support at-risk youth in accessing care. Using a System of Care framework, these training simulations provide tribes with the opportunity to catch at-risk youth through multiple systems as communities work together to help tribal youth reach their full potential.

4:15 pm – 5:00 pm

**Conference Wrap Up & Closing Circle – Chance Rush,  
Cortney Yarholar, MSW & Kara McDonagh, OJJDP**

PLENARY SESSION

